

Cyto Paths

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Marluce Bibbo, M.D., Sc.D., F.I.A.C., Editor



CYTOCON 2007

The 37th Annual Conference of the Indian Academy of Cytologists



The 37th Annual Conference of the Indian Academy of Cytologists was held November 29–December 2, 2007, at Allahabad, India, located at the confluence of 3 holy rivers. On the first day 2 workshops were arranged. Dr. Ravi Mehrotra moderated the workshop “Fluid Cytology,” and Dr. M. M. Kamal conducted the workshop “Viral Infections of the Cervix.” CME on Cytology of Renal and Adrenals was arranged with Dr. R. G. W. Pinto as convener. The symposium on soft tissue tumors was moderated by Dr. Arvind

Rajwanshi, president of the academy. Professors S. R. Orell, Richard DeMay and Carlos Bedrossian spoke as invited experts. Secretary General Dr. S. Satyanarayana presented the annual report of the academy. Award paper sessions and free paper sessions were held on the third day of the conference. Over 300 delegates from all parts of the country attended the conference. Delegates also enjoyed the sightseeing of the city, which has a rich historical heritage and religious value.



Highlights

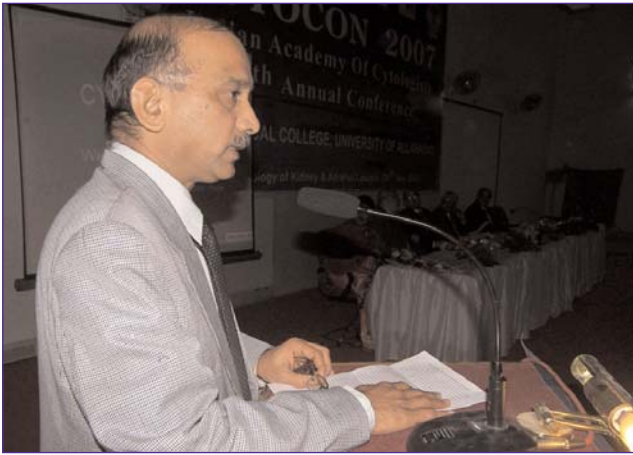
- Dr. S. Satyanarayana
- Dr. Robert Osamura
- Dr. Nils G. Stormby



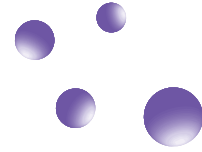
Dr. Arvind Rajwanshi, president of the academy, lighting the lamp. Secretary General Dr. Satyanarayana and Organizing Secretary Dr. Mehrotra also took part in the inaugural function.

IAC Websites

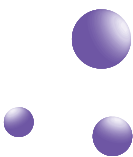
www.cytology-iac.org
www.acta-cytol.com
www.aqch.com
www.cytology-tutorial.com



Dr. Satyanarayana, secretary general, presenting the annual report.



Professors Orell and DeMay with delegates.



Professor Bedrossian with delegates.

Light Source

Robert Yoshiyuki Osamura was born in Kumamoto city on Kyushu Island on February 19, 1945. He comes from a family of internationally well-known hematologists: his grandfather, father and uncle. His grandfather, Etsuzo Komiya, M.D., published the first *Hematology Atlas* in Japan. Dr. Osamura moved to Tokyo in 1951 as a child and grew up there. He graduated from Keio University School of Medicine in Tokyo in 1970.

After graduating, Dr. Osamura did his residency training in pathology at the University of Colorado in Denver. There he met his lifelong mentors, Steven G. Silverberg, M.D., Paul Nakane, Ph.D., and Barry G. Pierce, M.D. Dr. Silverberg inspired him to make a lifetime career of clinical cytology. Dr. Nakane, a giant figure in immunohistochemistry (IHC), has been known internationally as a founder of the immunoperoxidase method used daily in diagnostic work in pathology and clinical cytology. Dr. Pierce was chairman of the department and was conducting research in embryonal carcinoma. He provided many opportunities for Dr. Osamura to establish his career.

During the first 4 years of his career, in addition to general surgical pathology, Dr. Osamura was intrigued by clinical cytology. He was particularly amazed by the beauty of the appearance of individual cells on glass slides. They were not only breathtakingly beautiful, but, above all, they were diagnostic. He spent some

time at Henry Ford Hospital brushing up his career in surgical pathology and clinical cytology. He then returned to Japan in 1975 and joined the Department of Pathology at Tokai University School of Medicine, Kanagawa, where he continues to pursue his career in pathology and clinical cytology.

In Japan, Dr. Osamura has been working in diagnosis, teaching and research. Since 1975, he has worked hard to apply IHC to cytology specimens. This has been a very exciting and wonderful time for him. His first article published in *Acta Cytologica* was on positive immunocytochemical staining for carcinoembryonic antigen (CEA) on adenocarcinoma in body fluid.¹ That article emphasized the importance of CEA immunostaining to differentiate adenocarcinoma cells from active mesothelial cells in body fluid.

Dr. Osamura has met many mentors and friends in Japan. He particularly appreciates working with brilliant cyto-technologists such as Hitoshi Itoh (C.M.I.A.C.). He currently enjoys serving as vice president of the IAC. He is also vice chair of the Japanese Society of Clinical Cytology (JSCC), chair of the Japanese Society of Pathology (JSP) and vice president of the International Academy of Pathology (IAP) (Asia).

In 1976 Dr. Osamura and his wife Midori were married in Denver. They have 3 daughters and 4 grandchildren (3 boys and 1 girl), who live in Kobe, Los



Robert Yoshiyuki Osamura, M.D., F.I.A.C.

Angeles and Tokyo. Outside of pathology and clinical cytology, Dr. Osamura's hobbies include music, art and fossils. He enjoys listening to Jazz music and owns many CDs of Jazz vocalists, particularly female singers. Billie Holiday is his favorite singer. When-ever he has spare time in Japan or abroad, he tries to go hear good live Jazz. He also enjoys visiting art museums. He is particularly drawn to paintings by the Impressionists, especially Claude Monet. He collects fossils, including those of di-nosaurs, fish, wood, etc., imagining the earth of millions of years ago.

Dr. Osamura's lifelong goal is to improve the quality of clinical cytology and pathology by always striving to apply new technologies. *Genes, proteins and morphology for better patient care* is the phrase that he feels best describes recent clinical cytology. Three key words for Dr. Osamura's life are study, health and friends.

Reference

1. Osamura RY, Watanabe K, Akatsuka Y: Peroxidase-labeled antibody staining for carcinoembryonic antigen of cytologic specimens for light and electron microscopy. *Acta Cytol* 1985;29:254-256



Jitka Kobilkova, M.D., D.Sc., F.I.A.C.

One of Europe's Leading Cytologists Turns 80

Czech and Slovak cytologists honor Professor Jitka Kobilkova this year on the 80th anniversary of her birth, with great appreciation for her extraordinary merits in the development of gynecologic cytology in both countries.

Born on July 13, 1928, in a small village near Prague, she finished her education in Prague and graduated as M.D. at the Charles University in 1952. She spent the next 2 years at the gynecology-obstetrics department of a district hospital, and in 1954 she specialized in gynecology-obstetrics at the Clinic of the Medical School in Prague.

From the start of her career she focused on gynecologic endocrinology, including hormonal and cancer cytology. Throughout her professional life she has been increasingly involved in research and teaching activities, dedicated primarily to gynecologic cytology. She has pub-

lished hundreds of papers in scientific journals and contributed her experience and skills to the publication of several monographs on gynecologic cytology. She significantly furthered the understanding of the development of gynecologic cancer, considerably advanced the cytology network and established a generation of successors, all of which have earned her several awards and prizes.

In 1975 she received her FIAC from the International Academy of Cytology. As the year-long president of the Czechoslovak Society of Gynaecologic Cytology, she left her mark on the organization of 2 European Congresses of Cytology in Prague.

Even today she is still active in her cytology laboratory. Beside her microscope, there is a short motto for everyday life: "Help people who are in need and be thankful for the truth of our Lord."

Report on the Meeting of the Portuguese Society of Cytology, January 2008, and Announcement of the 35th European Congress of Cytology, September 2009

Lisbon, January 26–27, 2008

Fernando Schmitt, M.D., Ph.D., F.I.A.C.
President, 35th European Congress of Cytology

The Portuguese Society of Cytology held its Vth Inter-Congress Meeting at Lisbon Technical School January 26–27, 2008. The meeting was very well attended, with almost 120 participants. Dr. Marluce Bibbo presented 2 lectures: “Glandular Lesions in Gynecologic Cytology” and “Pitfalls in Gynecologic Cytology.” Several challenging cases of gynecologic cytology were presented, discussed by the audience and, in many cases, moderated by Dr. Bibbo. This is Dr. Bibbo’s second visit at these meetings, and according to feedback obtained from the participants, her lectures and participation were very much enjoyed.

During the meeting, Professor Fernando Schmitt, president of the Portuguese Society of Cytology, announced the 35th European Congress of Cytology that will

be held in Lisbon September 27–30, 2009. Our goal is to combine the beauty and environment of Lisbon with an outstanding scientific program that will cover the major areas of cytology practice (see our website: www.cytologylisboa2009.com). We will do our best to encourage the participation of young cytopathologists by keeping the registration fee low, reserving sessions in the scientific program fully dedicated to residents, and providing the opportunity to apply for scholarships. We know cytology is facing great challenges: new methodologies for cervical cancer screening including liquid-based cytology, the application of molecular techniques on diagnosis and prognosis, the new position of fine needle aspiration in medical practice and the emerging world of predictive cytology.



Participants in the auditorium of the Lisbon Technical School.

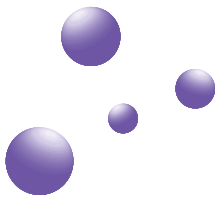


Dr. Bibbo presenting a lecture to the group.

So, we will provide the scenario for a lively exchange and debate of these themes with all professionals involved in cytology. The congress will be held in the Lisbon Convention Centre located by the Tagus River near one of the best-known monuments of the city, the Belém Tower, a few minutes away from the city center.

We believe that together we can learn and have some fun as well. We are preparing an amazing contest session with all participants that I am sure will be an experience to remember for many years. Along with science, the social venues will show you that Portuguese people know how to welcome their guests. It will be an opportunity to make new friends, to meet with old ones and to expand the European and worldwide cytology family.

We hope that you will participate and join us for the stimulating scientific sessions as well as the special flavor of Lisbon. Please do not hesitate to contact us via the website with any questions you might have.

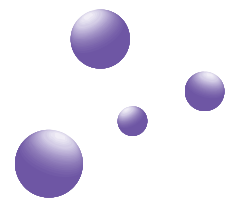


Band playing at the dinner party.

Nils G. Stormby, M.D., Ph.D., F.I.A.C.

Celebrating His Conferment of the Decoration of “The Order of the Rising Sun” from Japan

Shigemitsu Shida, M.D., F.I.A.C.



I am happy to announce the conferment of the decoration of “the Order of the Rising Sun” from His Majesty Emperor of Japan to Dr. Nils Stormby of Malmö, Sweden. I would like to give an outline of Dr. Stormby’s life history as it relates to his receiving such a high honor from Japan.

Dr. Stormby was born on April 11, 1929, in Malmö, Sweden. He graduated from the Faculty of Medicine, University of Lund. After finishing naval duty (navy lieutenant doctor), he studied pathology and cytology at the University of Lund.

I met Dr. Stormby in 1968 at the 3rd International Congress of Cytology in Rio de Janeiro, Brazil. We discussed early gastric cancer detection in Japan and invited each other to our respective countries.

That summer Dr. Stormby visited Japan with about 15 technology students from Swedish universities. Dr. Stormby visited my laboratory in the Department of Surgery at Juntendo University and discussed early gastric cancer detection problems. In those days several types of the gastrofiberscope, which was originally created by Dr. Hirschowitz in the U.S., were produced by Olympus and the Machida Company in Japan. Dr. Stormby asked me to come to Sweden to teach

endoscopic cytology and biopsy techniques at the University of Lund.

In April 1969 I left Tokyo for Sweden. I joined the Department of Pathology at the University of Lund by Dr. Stormby’s arrangement and taught endoscopic techniques using Japanese gastrofiberscopes. Dr. Stormby was a dozent in the Department of Pathology and director of



Nils G. Stormby, M.D., Ph.D., F.I.A.C.

the cytodiagnostic section, and he taught cytology to several young pathologists and almost 20 young cyto-technologists.

In 1974 I moved from Juntendo to Dokkyo University as chief professor of surgery. In October 1975 the 14th Autumn Congress of the Japanese Society of Clinical Cytology (JSCC) was held in Utsunomiya City. I invited Dr. Stormby to speak on Fine Needle

Aspiration Cytology. His presentation greatly impressed the audience, and that lecture became the basis of the fine needle aspiration method in Japan.

In 1985 Dr. Stormby and his laboratory staff spoke at the First International Tutorial of Aspiration Cytology in Tokyo to participants from Korea, Taiwan and Guam.

Dr. Stormby became director and professor of the cytodiagnostic department at Malmö General Hospital and later took the position of director of the hospi-

tal. He contributed to several system and management improvements at the hospital for several years as director. He presented a special lecture entitled "Medicare: Reconstruction in a Weakened National Economy" at the 32nd Autumn JSCC Congress in Asahikawa City in 1995. It was a very interesting lecture on the improvement of medical systems and hospital management. I had 10 years' experience as director of a university hospital, and in Japan we had almost the same weak points in this field.

During this period, Dr. Stormby was installed as president and executive council member of various academic societies in Sweden and as president of the European Federation of Cytology and the International Academy of Cytology. He established and managed Medscand AB, a company that produced immunohistochemistry reagents, instruments for collecting cell materials from the cervix and uterus, and an automatic staining system for cytologic specimens. He was installed as general manager of the Department of Public Health and Welfare in Malmö City and contributed greatly to the Medicare in this area.

Dr. Stormby established examination laboratories for uterine cancer detection in the Middle East, England, Korea, Singapore and the Philippines, contributing greatly to uterine cancer control in those countries. He was installed as vice president of Swed-Bank, vice president of European Development Center in

Denmark and honorary member of the Bordeaux Wine Association for his large collection of wines and discrimination in wine tasting. He visited various Japanese government organizations many times to discuss inviting World Maritime University to Malmö City, with success. He was installed as honorary consul in 1994 and as honorary consul general of Japan in Malmö City in 1999. Over the course of his life, Dr. Stormby's contributions to communication with Japan have been numerous and extraordinary.

Dr. Stormby's celebration party for conferment of the decoration was held on February 21, 2004, at Hotel Okura Tokyo under the promotion of Dr. Matsumoto and others. The Swedish ambassador to Japan and the former Japanese ambassador to Sweden and their wives, Dr. Stormby's many Swedish and Japanese friends in both medical and economic fields, and teachers from World Maritime University came together to honor him.

Speaking on behalf of the JSCC, I would like to express my sincere gratitude to Dr. Stormby for having educated many Japanese doctors and cyto-technologists in his laboratory for many years.

This tribute to Dr. Stormby is given with my heartfelt thanks for his kind exchange of friendship over many years. I do hope for his long life with continued international activities and contributions to the communication between Sweden and Japan.

